



NETAJI SUBHAS OPEN UNIVERSITY
SCHOOL OF EDUCATION

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CF-162, Sector I, Bidhan Nagar, Kolkata 700 064

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Webinar

On

Promotion of Fitness and Sports among Youth
(To celebrate Fit India Week)

Date: 27th December 2024

Time: 2 - 4 pm

Compere: Dr. Abhedananda Panigrahi, Co-ordinator, B. Ed., SoE, NSO Programme

2.00 pm: Welcome Address: **Dr. Atindra Nath Dey**, Director, School of Education, NSOU

2.10 pm: Introduction of the Speakers: **Dr. D. P. Nag Chowdhury**, Professor of Edn., SoE

2.15 pm: Speech: **Dr. Biswajit Bala**, HOD, Department of Teacher Education, BSAEU
Topic: **Conceptual Change of Physical Fitness, Health and Wellness**

3.00 pm: Speech: **Dr. Neetu Dutta**, Asst. Professor, Department of Physical Education
Seva Bharati Mahavidyalaya, Jhargram
Topic: **Promotion of Fitness and Sports among Youth – An Awareness Programme**

3.45 pm: Vote of Thanks: **Shri Prabir Naskar**, Asst. Professor in Spl. Edn., SoE, NSOU

Rapporteur: Prof. Sibaprasad De, Dept. of Edn., SoE, NSOU
Prof. Nimai Chand Maiti, Dept. of Edn., SoE, NSOU

Joining Link: <https://us02web.zoom.us/j/88068454105>